



Issue #7

# Vitagliano Orthodontics News

September-  
October 2010

## Where did you take "Dr. Joe"?

Thank you to



**EVERYONE** who is partici-  
pating in our Game.

(Ending Sept 24th )

All Participants will receive a  
**Special**

Invitation for you, your family  
and a Friend to Join us for  
Food, Fun, and Prizes at  
Themes and Dreams in

October.

(631) 667-6701

Conveniently located at:  
375-B Cornsboro Rd  
Deer Park, NY 11729



Fun-Filled Birthday Parties Created For All Ages!

## PFC Kenneth Holliday will be going home by the end of September!!!



Thank you to all our pa-  
tients and families that  
helped support our  
troops. Thanks to your  
generosity, We have  
been able to send over  
20 boxes of food, per-  
sonal care items, Candy,  
Cotton Undergarments &  
much more to Iraq.

## Back Pack

### Give-A-Way

Download your free back  
pack coupon to  
be redeemed



September 3rd-  
10th

## Candy Corn Count

Can you Guess How Many  
Candy Corn are in the Jar?

Come closest to  
the exact

amount to win !



Braces are not in-  
destructible.  
There are foods  
that need to be  
avoided. Hard  
foods may do  
damage by break-  
ing the braces off  
of your teeth and  
bending the wires  
that are carefully  
designed to  
straighten your  
bite. Sticky foods  
may loosen your  
bands and get  
caught in the  
braces

### Foods to Avoid:

**Ice (even if your  
careful)**

**Taffy & Caramels**

**Jolly Ranchers &  
Other hard candy**

**Gum of any kind**

**Hard chips like  
Doritos**

**Carrots, apples etc.  
should be cut into  
small pieces**

**Popcorn**

**Meat/Pizza/bagels  
should be cut into  
bite size pieces**

**No biting on Pens  
pencils or finger-  
nails**

**Corn should be cut  
off the cob**

## MONTHLY BRACES FRIENDLY RECEIPE

### "Boo Boo" Cup Cakes

- 1 pkg Yellow or White cake mix
- 1/2 Cup Vegetable Oil
- 4 Eggs
- 1 cup Canned Pumpkin
- 3/4 Cup Sugar
- 1 tsp Cinnamon
- Dash of Nutmeg
- 1/4 Cup Water (add 2 tbl. Of water if eggs are small)



### Directions:

Put cake mix in large bowl. Make an indentation in the center and pour in the oil and one egg. Mix using mixer at medium speed, add the rest of the eggs one at a time, beating after each one. Add pumpkin, sugar, spices then water. Bake as directed on cake mix box. Cool before removing from pan. Makes a moist and delicious cake. Frost & Decorate



Candy Buy  
Back

Details coming  
soon.....

## OCTOBER IS.....

National Ortho-  
dontic Awareness  
Month



Visit Our Website  
for Upcoming con-  
test and events



Girl/Boy Scout  
Dental Field Trips  
See our Website  
at

[www.Smilewithstyle91.com](http://www.Smilewithstyle91.com)

for more information or call  
the office (631-661-3025)