



## Thanksgiving

## Christmas



### WELCOME OUR NEW SOLDIER



We have adopted our  
3rd Soldier

Christina is deployed to  
Afghanistan for the  
next 10 months

Please support her  
adoption!



### HOLIDAY RAFFLE

November 1st-

December 20th

Answer all 15 questions on  
our Website Quiz and you  
will have the chance to win

4 tickets to see

**The Radio City  
Christmas Spectacular  
December 27th @ 2 pm**

### Why is age 7 the best time to begin Orthodontics?

An orthodontist can enhance a smile at any age, but there is an optimal time period to begin treatment. Beginning treatment at this time ensures the greatest result and the least amount of time and expense. The American Association of Orthodontists recommends that the initial orthodontic evaluation should occur at the first sign of orthodontic problems or no later than age 7. At this early age, orthodontic treatment may not be necessary, but vigilant examination can anticipate the most advantageous time to begin treatment.

#### Brace Friendly Recipe

#### SWEET POTATOE CASSEROLE

#### CASSEROLE

- 4 sweet potatoes, baked and mashed
- 1 cup sugar
- 1/3 cup margarine, melted
- 1/2 cup milk
- 2 eggs, beaten
- 1 teaspoon vanilla extract

#### TOPPING

- 1 cup grated unsweetened coconut, dried or fresh
- 1 cup pecans
- 1 cup brown sugar
- 1/3 cup all-purpose flour
- 1/3 cup margarine

Heat the oven to 375 degrees. In a large bowl, mix the sweet potatoes, sugar, margarine, milk, eggs, and vanilla extract until well combined. Transfer the mixture into a 2 1/2-quart baking dish.

In a separate bowl, combine the topping ingredients with a pastry cutter or your fingertips until crumbly. Distribute the topping over the sweet potatoes. Then bake the casserole for 20 minutes or until lightly Serves 6-8



#### Candy Buy Back

Nov 1st-3rd

\$1.00 for every  
pound (up to 50 lbs)

**TO ENTER OUR OFFICE  
CONTESTS, VISIT US AT  
SMILEWITHSTYLE91.COM**



**Girl/Boy Scout  
Dental Field Trips  
See our Website at**

www.Smilewithstyle91.com  
for more information or call  
the office (631-661-3025)