



Issue # 11

# Vitagliano Orthodontics News

May-June  
2011

## SPRING RAFFLE

### BABY PHOTO CONTEST

Try to Match the Baby Picture  
with the Staff Member



April 20th-June  
10th

Don't Forget to VISIT  
our Website for more  
details on this and other office  
contest and events!

WIN A \$50.00 VISA GIFT CARD



Our next "THEME PKG"  
for Christina will be a



### BEACH PARTY THEME

Items like beach balls, water  
guns, koolaid, suntan lotion, pail  
and shovels, snacks, sunglasses  
and anything creative you can  
think of!



## THANK YOU TO PEOPLE TO PEOPLE



AND OUR PATIENT ALANA DYKES  
FOR COLLECTING ITEMS TO SEND  
TO OUR SOLDIER CHRISTINA

**PEOPLE TO PEOPLE SENT OVER  
300 LBS OF NON PERISHABLES,  
PERSONAL CARE ITEMS AND  
MUCH MORE TO CHRISTINA  
WHO IS SERVING IN  
AFGHANISTAN**

### Future Contest/Practice Events

Where in the World is

Dr. Vitagliano Starts July 1st

Stars & Stripes Week .June 27th

## FAQS

### ORTHODONTIC DICTIONARY

#### Appliance

Anything your orthodontist at-  
taches to your teeth which moves  
your teeth or changes the shape of  
your jaw.

#### Arch wire

The metal wire that acts as a track,  
to guide your teeth along as they  
move. It is changed periodically  
throughout treatment as your  
teeth move to their new positions.

#### Band

A metal ring, that is cemented to  
your tooth and goes completely  
around your tooth. Bands provide  
a way to attach brackets to your  
teeth.

#### Bond

The seal created by orthodontic  
cement that holds your appliances  
in place.

#### Bracket

A metal or ceramic part cemented  
("bonded") to your tooth that  
holds your arch wire in place.

#### Elastic (Rubber Band)

A small rubber band that is  
hooked between different points  
on your appliance to provide pres-  
sure to move your teeth to their  
new position.

#### Elastic Tie

The rubber band that fits around  
your bracket to hold the arch wire  
in place. They come in a variety of  
colors.

#### Headgear

Headgear uses an external wire  
apparatus known as a face bow to  
gently guide the growth of your  
face and jaw by moving your teeth  
into proper position. The force is  
applied to the face bow by a  
spring-loaded neck strap or head  
strap. The straps have a safety  
release that disconnects if the face  
bow is pulled or snagged.

## BRACE FRIENDLY RECEIPE

### FRUIT SMOOTHIE



### Ingredients

- 1 quart strawberries, hulled
- 1 banana, broken into chunks
- 2 peaches
- 1 cup orange-peach-mango juice
- 2 cups ice

### Directions

In a blender, combine strawberries, banana  
and peaches. Blend until fruit is pureed.  
Blend in the juice. Add ice and blend to de-  
sired consistency.

Pour into glasses and serve.



### BRACE COINS

**DON'T FORGET TO COLLECT  
YOUR COINS AND CASH THEM  
IN FOR GREAT PRIZES**

VISIT [SMILEWITHSTYLE91.COM](http://SMILEWITHSTYLE91.COM)

Under "FUN STUFF" for more information  
on how to Earn Your Coins



### Girl/Boy Scout

### Dental Field Trips

### See our Website at

[www.Smilewithstyle91.com](http://www.Smilewithstyle91.com)

for more information call the  
office (631-661-3025)