



Dr. Joe and Staff would like to wish all our patients and families a very Happy and Healthy 2011



Please bring in a personal hygiene and/or a non-perishable item for our Soldier Christina and receive (2) brace coins.

SUPERBOWL THEME WEEK

January 31st-February 3rd

Enter Online to win Our Famous Super Bowl Basket filled with everything you need to host your own Super Bowl Party

Wear your favorite

TEAM JERSEY

and receive

(1) brace coin



FLOSSING 101: HOW YOU CAN HELP PREVENT GUM DIS- EASE AND GINGIVITIS

It's a fact. Flossing daily (combined with brushing and a rinse) helps protect against gingivitis by removing plaque and food

particles,

keeping your teeth and gums healthy, while giving you a beautiful smile.

Flossing is essential to your smile's health, no matter what your age.

And yes, even kids should floss to get used to a healthy oral-care routine.

You might be asking, "Why is flossing so important?"

Here's the answer:

By flossing, you remove plaque and food particles

in between your teeth and gums, and help prevent gingivitis.

CROCK POT RAVIOLI

- 1 (25 ounce) bag beef ravioli
- 1 (26 ounce) jar pasta sauce
- 1 (8 ounce) can tomato sauce
- 1 cup water
- 2 -3 teaspoons red peppers
- Italian spices



1 cup shredded mozzarella cheese

1. Pour about half of the pasta sauce in the bottom of crock pot.
- 2 Add frozen ravioli.
- 3 Pour additional pasta sauce, tomato sauce, water, and red pepper over ravioli (I usually pour the pasta sauce on first and then shake together the tomato sauce, water, and red pepper in the empty pasta sauce jar to mix them).
- 4 Sprinkle Italian seasonings over sauces.
- 5 Sprinkle cheese on top. Serves 6-8 ppl



Congratulations

Bobby Piazza.

Bobby won 4 tickets to see the Christmas Spectacular at Radio City Music Hall

We hope you enjoyed the show!!



**Girl/Boy Scout
Dental Field Trips
See our Website at**

www.Smilewithstyle91.com
for more information call the office (631-661-3025)